

The Untitled Manifesto

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Preface

tl;dr: debunking shit he said, messages from his (now ex) that he used in his statement who dumped him for being abusive, medical information dump, police report roughly in that order.

Apparently it's a funny meme to bring up what happened to me three years ago for (failed) dunks on panel shows. I guess this is the motivation I needed to write all this out.

Repeating myself is incredibly tedious and if I have to go over every point in detail to get people to shut the fuck up and actually talk to me in a debate instead of incessantly bringing up my past from three and half years ago then so be it.

Since there was no one else present at the events of Jan 2020, stating that you know I am a liar as some kind of fact is deranged. No, you've just picked a side and are sticking to it. However, I can provide proof of his lies and point out the discrepancies in his statements as well as provide evidence to support my own.

My original statement was always about how my consent was violated and I was hurt sexually. I will be referring to that instance as "the New Year's day incident" from here onwards.

His screenshots did not include timestamps so that he could manipulate and falsify things. Wherever possible, I will be including dates and making timelines clear.

I will put uncropped/censored screenshots and evidence in another folder that anyone notable can verify if it ends up being necessary as I removed some personal details to prevent doxxing myself/harassment of others.

The New Year's day incident (1st of January 2020)

Firstly and most importantly I never "lied" about it being "rape" in my statement because I never called it that. My story has literally never changed. In my initial twitlonger, the word "rape" was only used twice, and both times was in reference to his use of the word, not my own. I said "I could not and did not consent". The

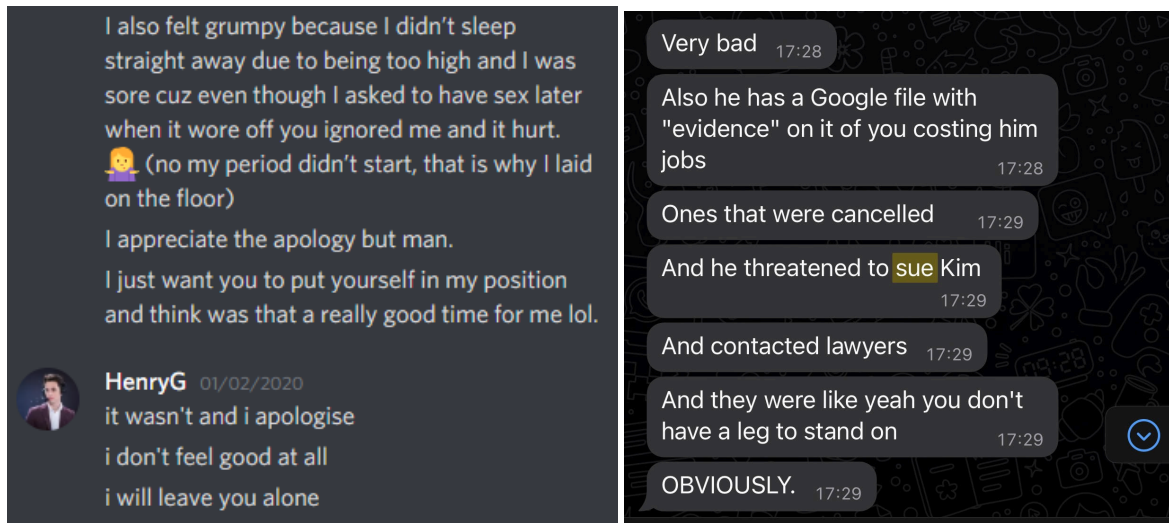
below screenshot is from hours after the incident happened and he did not disagree with my telling of events and apologised. The incident happened the morning of January 1st, 2020 and you can see these messages are from January 2nd. My concern was that consent was ignored and I got hurt (this led to long lasting medical problems I will go over later).

This might be a bit confusing for the people who came to the conclusion that “oh he’s a piece of shit but she seems crazy” unfortunately there are actually people going around accusing me of “faking/lying about rape” as if they live in my walls. Again, in my initial twitlonger, the ONLY time the word “rape” showed up was to refer to HIS reaction, not my own.

My original Statement: <https://twitter.com/kellyjeaaann/status/1274788704838733824>

His original Statement: <https://docs.google.com/document..>

I will be taking screenshots from his statement but it is there for posterity.



1st of Jan and 10th Nov 2020

At first, I was in denial/downplaying the severity of what happened, which is a [normal response when someone you cared about did something bad](#). I was dealing with pretty conflicting feelings and still wanted to remain friends with him up until I saw a therapist in April and things started to sink in. I was also afraid he might try to sue me if I was fully honest about how I felt. His (now ex) gf confirmed that it was something he was considering doing (see above). Despite that, I wanted to give a full account of my experience, even if it meant not giving a concrete label to what happened.

Bonus meme: he threatened to sue his tattooist (Kim) because she didn’t want to tattoo him anymore.

Denial and Minimisation as coping mechanisms

Denial or abnegation (German: *Verleugnung, Verneinung*) is a **psychological defense mechanism** postulated by **psychoanalyst Sigmund Freud**, in which a person is faced with a fact that is too uncomfortable to accept and rejects it instead, insisting that it is not true despite what may be overwhelming **evidence**.^{[1][2]}

The subject may use:

- **simple denial**: deny the **reality** of the unpleasant fact altogether
- **minimisation**: admit the fact but deny its seriousness (a combination of denial and **rationalization**)

The theory of denial was first researched seriously by Anna Freud. She classified denial as a mechanism of the immature mind because it conflicts with the ability to learn from and cope with reality. Where denial occurs in mature minds, it is most often associated with death, dying and rape.

I should not have to say it, but It is completely fine and normal for someone to not define what happened to them as rape/SA or to not consider themselves a victim in the moment (or ever). Processing traumatic events can sometimes take years, especially if they happen when someone is very young. Some people are very resilient and never feel any negative consequences. Many people might frame me processing what happened as changing my version of events, which is not the same thing, and *is something I literally never did*.

If a person is punched and says “oh I don’t feel like I was assaulted *personally*” that does not change the fact that THEY WERE PUNCHED. We do not overrule reality with feelings. My feelings are relevant to myself and provide context to what happened. However, while the way I process what happened can change, the *actual series of events*, including the violation of my boundaries and consent, cannot.

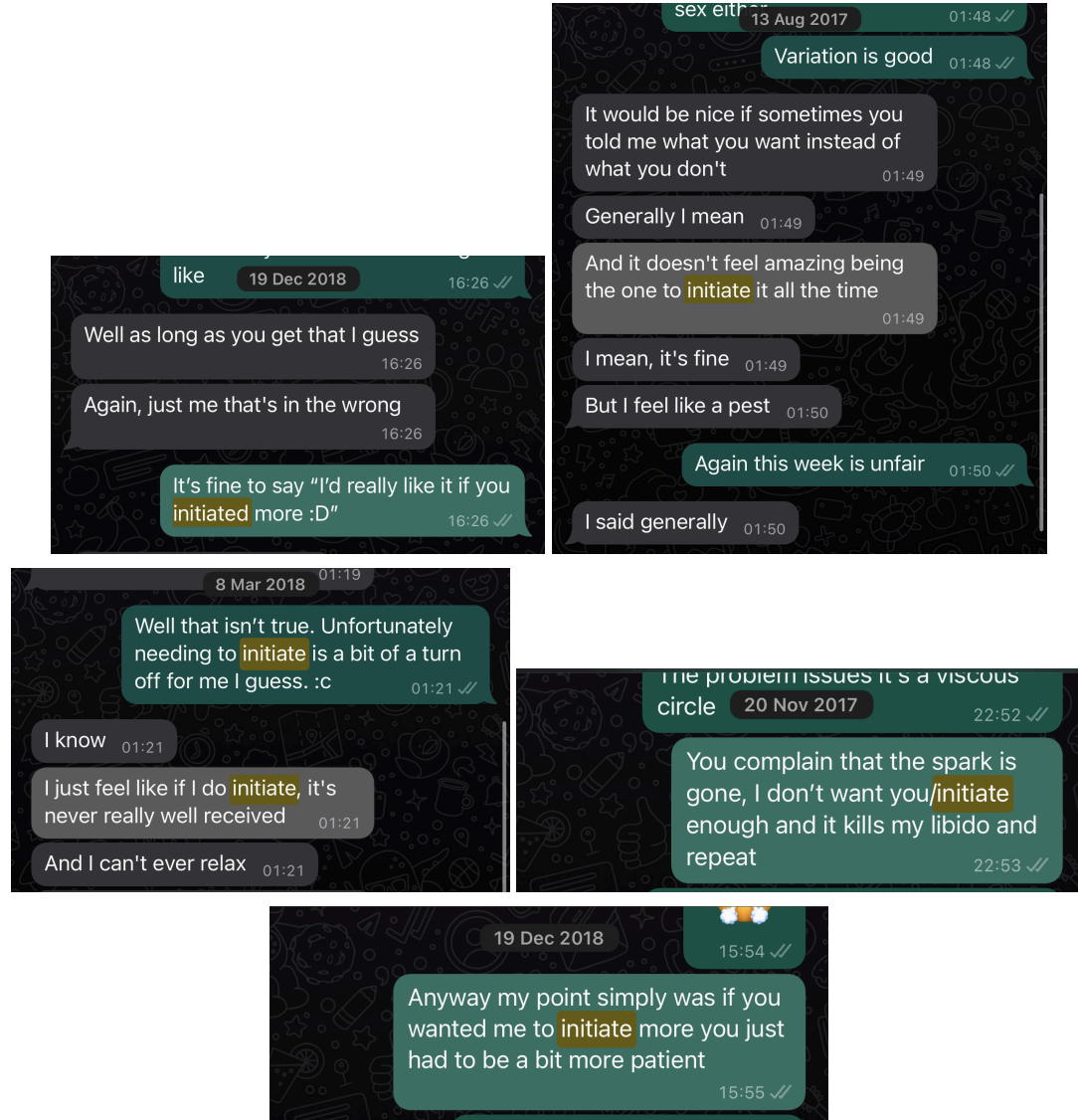
For the same reason a false statement can be given by lengthy psychologically coercive police interrogation. We have to be careful acknowledging how someone feels because we do not know how they got there.

People deny and downplay abuse, they minimise it to their friends, family, and themselves. [We know this because it takes on average 7 times for a woman to leave an abusive partner](#). Not to be cringe, because I am not a battered woman or anything, but a lot of people disappointingly don’t understand this concept. . You should understand it in case something similar happens to someone you care about.

Taken from Henry’s statement:

On that New Year’s Eve Kelly came to meet me after we had both been with separate social groups for some part of the evening. She came to my house and asked to smoke some weed with me. I was already high but had a much stronger tolerance and so was reluctant for her to take any as I know it doesn’t always agree with her. After she smoked some, she initiated sex. Part way through said she was feeling too unwell to continue and so we stopped. We then both spent the night awake, her feeling unwell and me to keep an eye on her.

I feel like I am in some kind of fever dream where I have to teach people the importance of enthusiastic consent, especially in the context of drug use and intoxication. He describes in detail how he already knew that I suffer negative effects when I smoke too much weed, but he somehow didn’t acknowledge that fact as an additional reason why I couldn’t consent and continued anyway. That night, I did **not** initiate and I have many messages of him complaining I never initiate (below). Along with my first statement, I included a screencap of messages from January 2020. In those messages, I described myself asking to have sex once the weed wore off, and him ignoring me. If I initiated that night, why didn’t he correct me back then? How is asking “to have sex later” initiating?



Five different instances of Henry complaining I do not initiate.

Taken from Henry's statement:

I was aware that Kelly has suffered trauma related to incidents from a previous relationship as we were very open during our time together. Therefore, it is absolutely understandable that she may have experienced trauma in connection with the events of New Year's Eve. However, what happened between us was consensual, and ended when she decided she did not want to continue. Kelly has acknowledged this directly in conversation, and in messages between us, some of which I am choosing to share given the seriousness of these allegations.

To summarize, even at the time, I described the experience like this: I smoked too much weed and was experiencing vertigo. I asked to have sex after the weed had worn off, but I was ignored. There was blood (hence the reference to my period), and from the pain I was lying on the floor. How could anyone reasonably read this as a consensual experience? I was unable to consent at the time from how high I was, and additionally I *explicitly said* that I didn't want to have sex until later. No matter how you read the situation, my consent was violated.

I am not absolving myself from any responsibility. I continued to stay in contact with someone who treated me and other women with less and less respect over time. I was aware of most of his issues and how destructive they were. If someone doesn't care about you, the likelihood they will make selfish impulsive decisions is going to increase and you definitely shouldn't put yourself into vulnerable situations with them. I was aware of the possibility of having a bad reaction to mixing weed and alcohol, but I still over-indulged. I don't know if I would have had the same reaction if I had not been hurt physically by what happened. If it had ended at oral sex that I didn't want it probably wouldn't have occurred to me that harm was done. What happened made me realise I was far too tolerant of things. I made bad choices and suffered the consequences of them. Lesson learned.

My motivations for remaining in contact with him were that I was worried he didn't understand what he did was wrong and would do it again. I think this is evident from all of my messages to him.

Taken from Henry's statement:

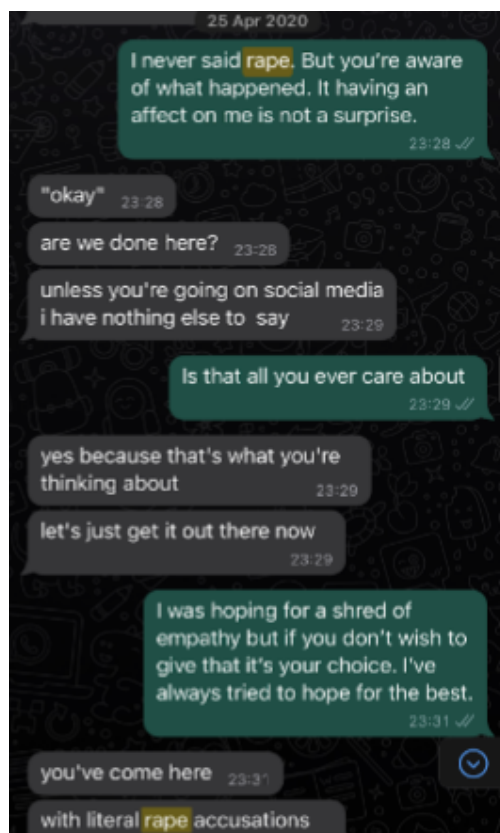
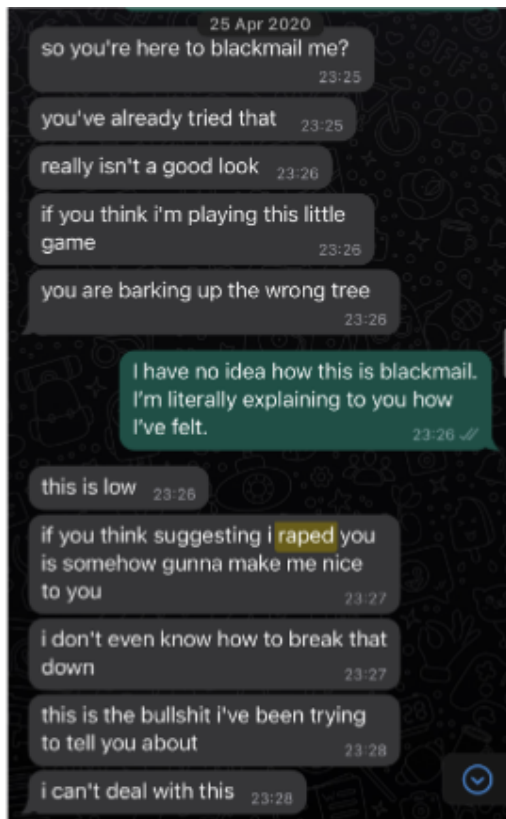
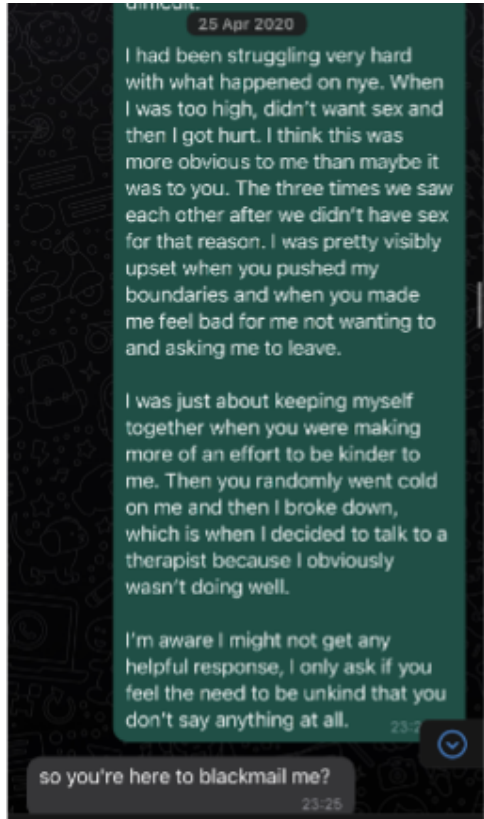
In the following weeks she never mentioned anything to me about this night and we continued our on/off relationship. Soon I had come to realise the relationship had no future - Kelly and I would argue often - and I explained that we should end things. I will openly admit to being guilty of being a poor boyfriend, especially during my heavy travel and work schedule.

He describes our relationship as an "On/Off relationship" and a "Relationship [that] had no future". This is wrong. We didn't have a relationship after that day, and I never slept with him again after Jan 2020. I started to try and bring it up in April after I had started seeing a therapist (as you can see in the conversation below). It had nothing to do with some imagined separation. Even his own account of things is inconsistent. In his own statement, he said that our relationship ended in 2018, so why is he talking about being a bad boyfriend here?

Attempts to communicate about the New Year's incident (25th April 2020)

April 25th 2020 was the first time I tried to talk to him about this subject properly. This was after I'd begun talking to a therapist. As you can see from the wall of messages below, he was the one insistent on referring to what happened as "rape," not me. His tone in these messages is clearly much more aggressive than mine, and I think his insistence on calling my messages "rape accusations" was to paint me in a negative light. In other words, it was a guilt trip. He cropped all his messages tightly because the less context the more he can push a narrative. It might seem like I was all-but-saying 'rape' in my descriptions of the event, but remember, I was still processing everything after recently talking to a therapist. You can see in the screenshots that he tried to call me, but I declined the call and I did not try to talk to him again for another month (as shown below). There were no threats of blackmail, no accusations using the word 'rape', and all the aggression in the conversation was on his end. It's extremely frustrating to have my own negative experience turned towards me, and have myself painted as some kind of crazy woman by the very man who caused the situation.

April was a month before I knew he was dating anyone. These issues very much pre-existed my knowledge of his ex-girlfriend, and to insinuate that my trying to talk about the situation had anything to do with jealousy when, as I have already said, we did not have a sexual relationship after January 2020 is beyond shitty.



25 Apr 2020

go tuck yourself 23:32

It's not an accusation and we spoke about it before. I only repeated what I said then as what happened. 23:32 ✓

this is the final straw i think 23:32

you've just gone too far with this shit now 23:32

i can't actually believe this is a strategy 23:32

Do you really feel it's unreasonable that this all had an affect on me? 23:33 ✓

do you wanna talk about the affects having you in my life 23:33

has had on me 23:33

because i can tell you if you want 23:33

manic depression probably top of the list 23:33

anxiety 23:34

25 Apr 2020

everytime you r 23:34

stopping me from being able to sleep 23:34

can't work properly 23:34

You think I was the cause of depression? 23:34 ✓

yes 23:34

Manic depression is bipolar 23:34 ✓

So they were all only my actions? 23:34 ✓

anyway 23:34

i'm not doing this with you 23:34

i know you're frothing at the prospect of **rape** arguments 23:34

but i am fucking out 23:35

I asked if you felt you couldn't be kind not to say anything and I would've preferred that. 23:35 ✓

25 Apr 2020

but i am fucking out 23:35

I asked if you felt you couldn't be kind not to say anything and I would've preferred that. 23:35 ✓

i would have preferred you not say anything 23:36

You were understanding initially and no me you aren't 23:36 ✓

do i get that as an optin 23:36

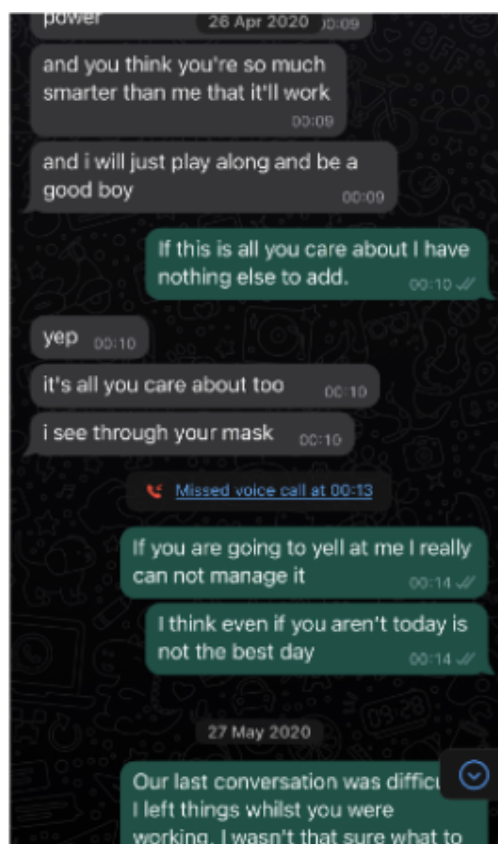
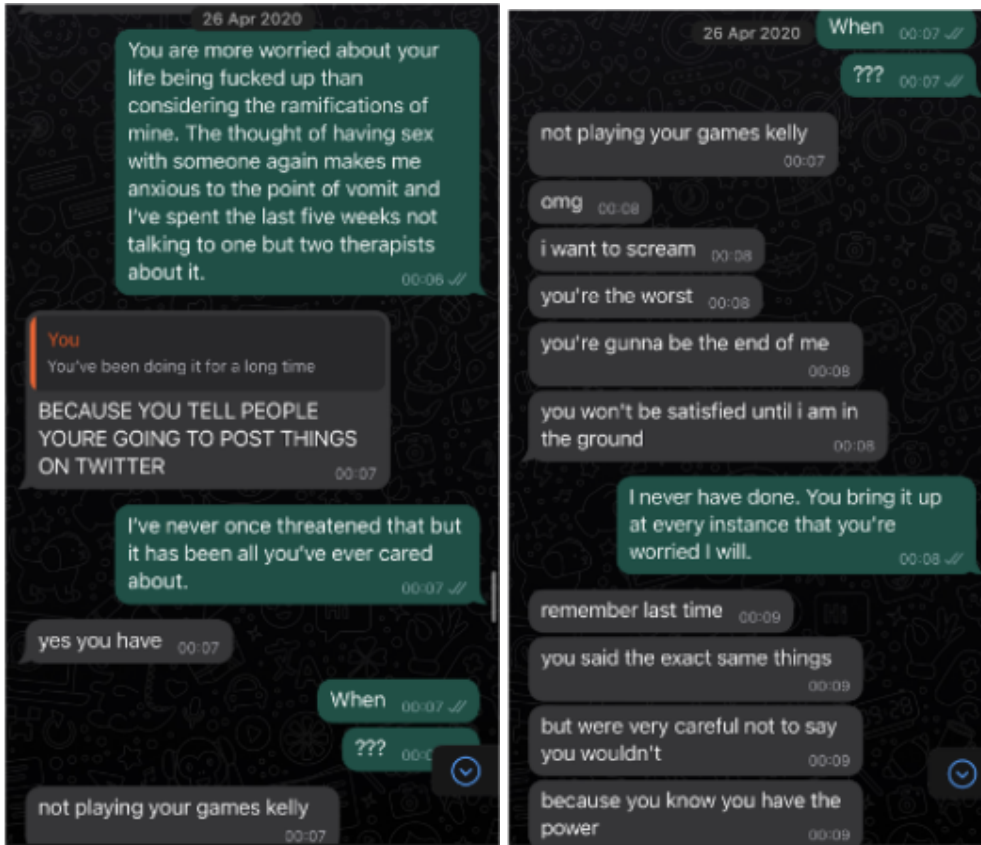
no because you can't think outside your own optics 23:36

you think this is a cool thing to do to me rn 23:36

I don't think it's cool thing at all 23:36 ✓

because you're actually one of the most self-absorbed people i've ever met 23:36

I'm self absorbed because I'm struggling with this? 23:37 ✓

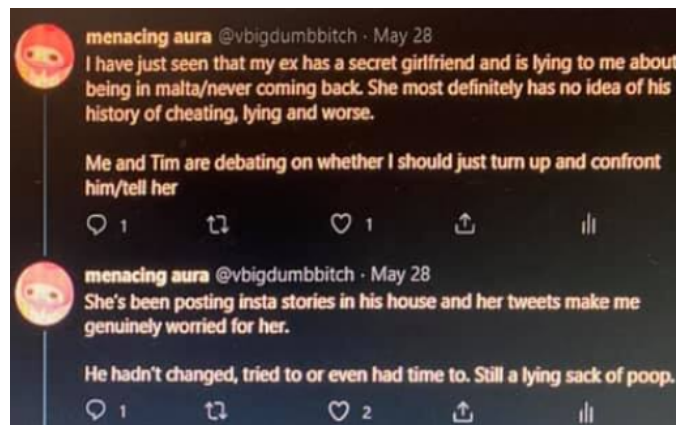


25th April 2020

The confrontation (28th May 2020)

On May 28th, a confrontation took place between me and Henry at his flat, his (now ex) girlfriend arrived 10-15 minutes later. Here is a summary of what happened. In May, I learned that Henry had a new girlfriend (see below). He was lying

to me for some reason and I guess curiosity got the better of me so I went to social media to see why. What I saw left me concerned for her, especially after Henry's response to the incident in January, which I saw as predatory and self-victimizing after our conversation in April. To confront my concerns, I went to Henry's flat with the intention of talking to him. Below are tweets from my private twitter of my thoughts from the day, which hopefully should show you my state of mind. I traveled with a friend but he did not see or interact with him.



28th May 2020

Of course, I can't very well prove my intentions, but I can tell you it was out of concern for his girlfriend, not anything like jealousy. Tim (@spookback on twitter) can verify this. In hindsight I would do things differently and do not disagree it was a pretty rash and impulsive decision. Confronting him at his flat was, at the very least, an aggressive approach. When I got there, I knocked on the door. He opened the door and I walked in presumptuously asking if it was ok to come in and he pushed me out. We had a bit of a heated exchange outside his flat and then he called his (now ex) partner who confirmed she would come, he then invited me in to talk. I don't remember saying too much before she arrived. I did cry because some parts were hard to talk about but this was not a normal "relationship" talk and it was mostly vocalising of my concerns so she could know what they were without being too direct about how she should interpret them.

Taken from Henry's statement:

Despite our relationship ending, and despite my insistence that she no longer come to my home, she continued to attempt to visit me there.

On May 28th 2020, Kelly turned up uninvited to my home in London. [She attempted to force herself into my property because she wanted to talk about our relationship](#), despite it officially ending in August 2018, and anything happening afterwards being on a mutually agreed casual basis. She told me there was a man waiting downstairs in case anything happened, even though the interaction was unexpected and initiated by her arrival. I had no idea who it was, or what they were planning to do, so I had some choice language for him. I believe this is the friend she refers to me "threatening" in her Twitlonger dated 21/06/2020:

Henry never asked me not to go to his home until after May 28th and, after that day, I never did, nor did I ever threaten to. He only ever "insisted" after this one instance (see the below messages from 31st May) and I respected this. In his statement, He used screenshots without dates on them and moved them around to falsely accuse me of coming to his flat after he had asked me to stay away and imply I was some kind of stalker..



The description of me “forcing myself in” is, at the very least, an exaggeration of the truth to make me look worse. I admit that I was aggressive in my approach, but the thought that I, 70 lbs lighter and a foot shorter than him, could force anything physical on him is laughable. He opened the door and said hello. I stepped into his flat asking to come in, but he pushed me out, and any resistance I provided was only to stop myself from falling down. . Furthermore, he put in his statement that the conversation we had was amicable. How likely is that to be the case if there had been an actual physical altercation? I said in my messages that he opened the door, I walked in, and he pushed me out. He then called his (now ex) partner and then invited me in. My descriptions of the event have stayed consistent since the beginning. In our private messages he never claimed any physical altercation and even in his own statement he was very vague on this.

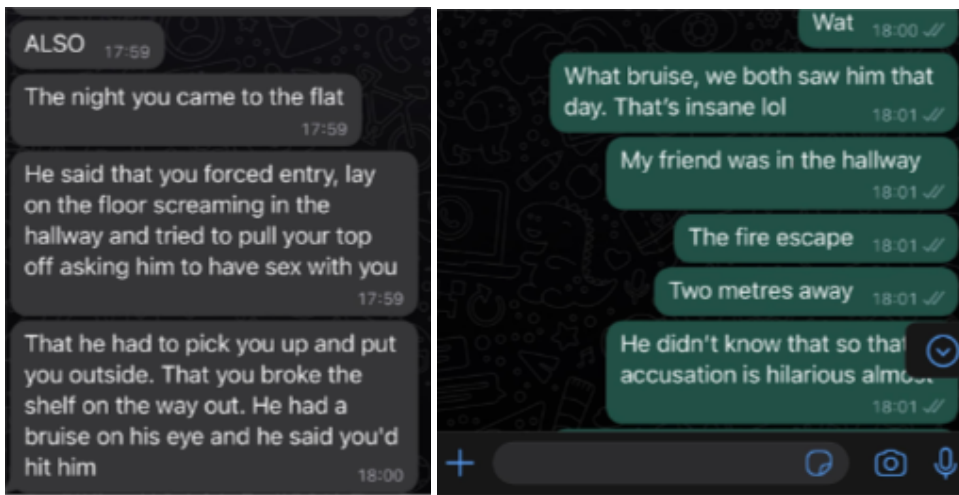
I did not tell him "aman was waiting downstairs." As I left, I said my friend was there.

Taken from Henry's statement:

Unfortunately, despite coming to an agreement on that evening and ending contact, Kelly has continued to persistently contact my partner, family, colleagues and creating multiple social media accounts to try and engage me in communication. Alarmingly, Kelly has tweeted this week that she would not have published her allegations against me had I not blocked her on social media:

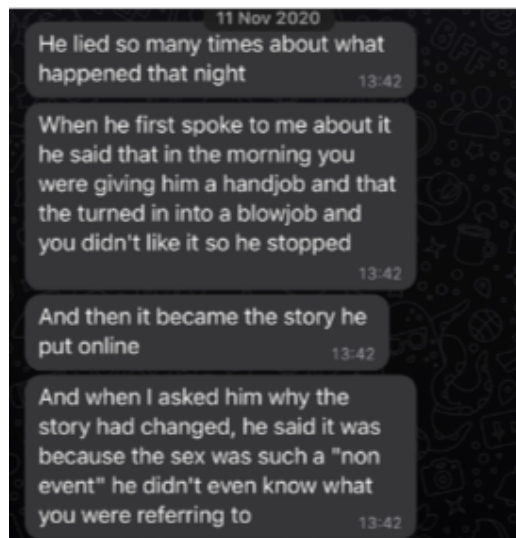
Despite what he says here, I never made other accounts to talk to him or anyone else (he posted zero evidence of any attempts to contact him from new accounts and didn't even specify as to why I was trying to contact him). The last time I spoke to his Mom was August 2019(five months *before* what happened in January 2020) and I have never spoken to any other member of his family. In fact, social media blocks are completely irrelevant, as we were only communicating on Whatsapp/Discord in 2020. He just did not like that I used an alt account to look at public social media. I did not reach out to any of his colleagues. Some people he used to work for *reached out to me* but I made it clear that I wasn't interested in going after his “career”.

He hates casting, he bitched and moaned about nearly everyone he worked with (haha you losers all hate each other) so his continued suffering doing his job is the greatest gift a person could have honestly. CSGO is a shit game and I do not care who he works for.



As you can see from the conversation, Henry described the events of 'the confrontation' as some absurd ploy for me to get sex from him. This is a gross, malicious exaggeration of what happened. As I mentioned before, I had ZERO interest in having sex with him after the January incident, and that he would recount the confrontation at his apartment is disgusting. In fact, it's obvious that this was not what actually happened, because he did not include this version of events in his statement. He was just lying to make me look worse to his partner.

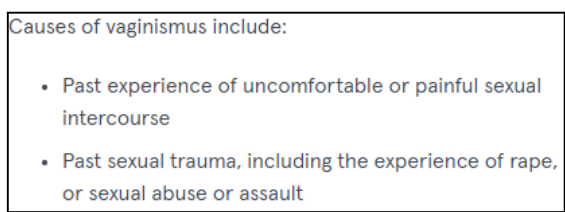
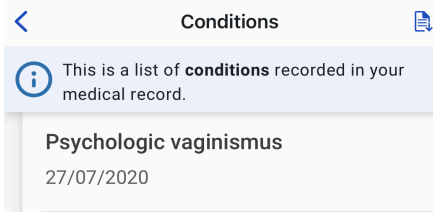
Additionally, he lied about what happened in January, as seen below.



November 2020

The Medical records (2020 to current)

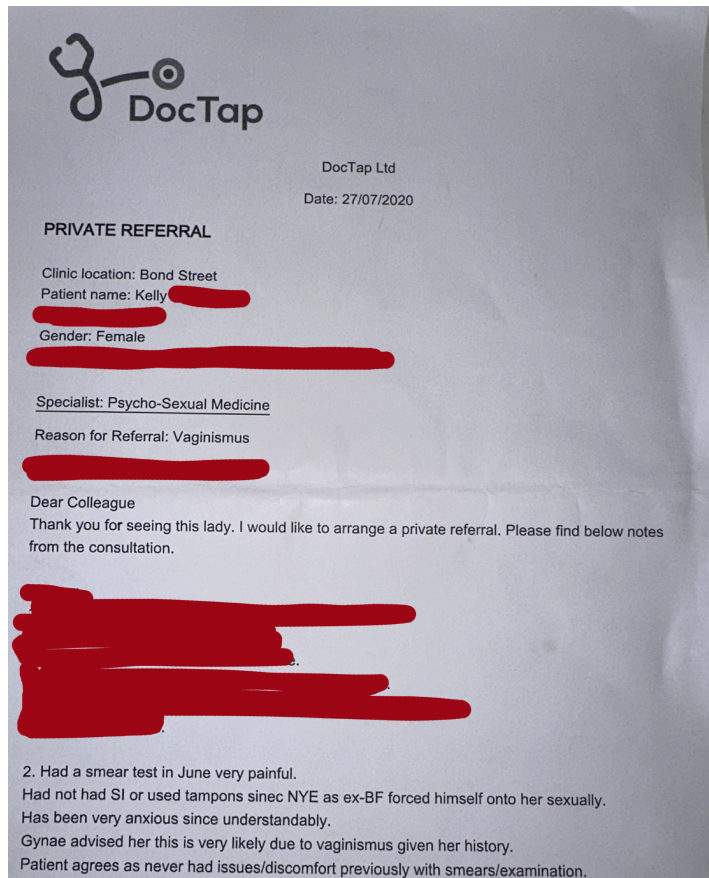
Very quickly, I'd like to go quickly over the medical issues I have suffered as a result of what happened in January 2020. This is just to contextualize some of my frustration and continuing difficulties surrounding what happened. .



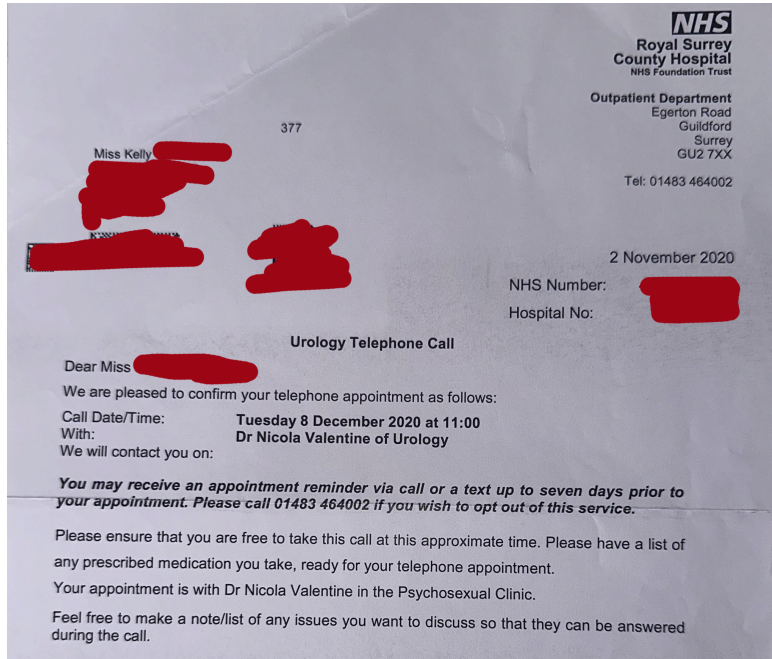
In July 2020, I went for a cervical screen. I had never had an issue undergoing a cervical screen before, but this time around it was almost impossible to do. My Gynae suspected Vaginismus, and I got a referral for confirmation. While the problem is considered psychological in nature, the effect is physical. You can't "fake" Vaginismus as it has physical symptoms, and in my case, several doctors have confirmed it.

If you are unfamiliar with the condition of Vaginismus, I essentially can't have penetrative sex. This was never an issue before what happened in January 2020, and is the cause for some of my bitter feelings around the mischaracterization of what happened. There are things I have tried to do which have had some small successes (expensive muscle relaxant injections) but as things are, I don't know if things will ever be "normal" again. I really wish I could convince my body that what happened to me didn't happen, as so many other people seem to be convinced.

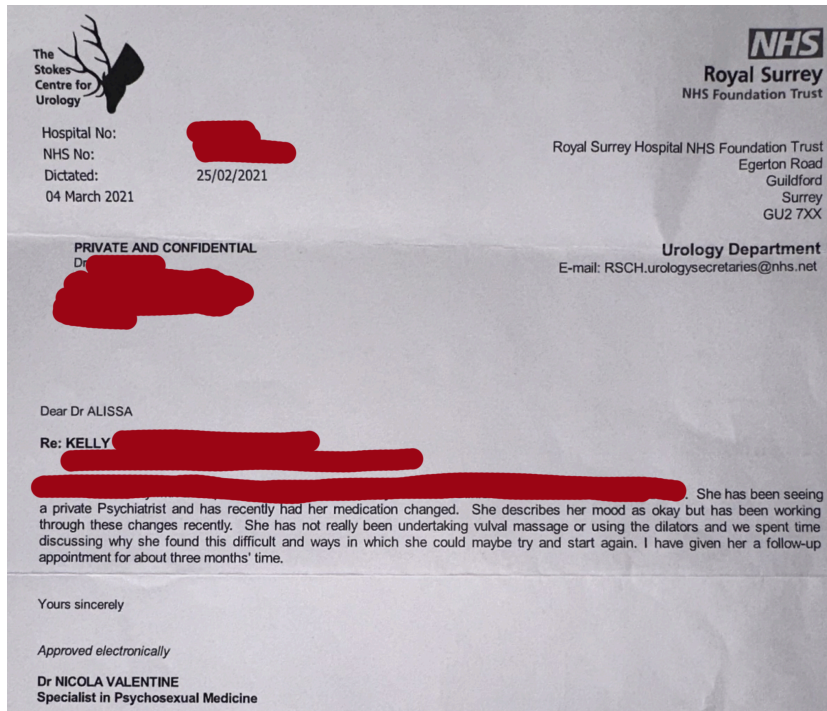
Below are several pictures verifying everything I've said.



Referral to Psychosexual medicine from Gynae



First appointment referral (the NHS is slow)



Some notes from one of my appointments



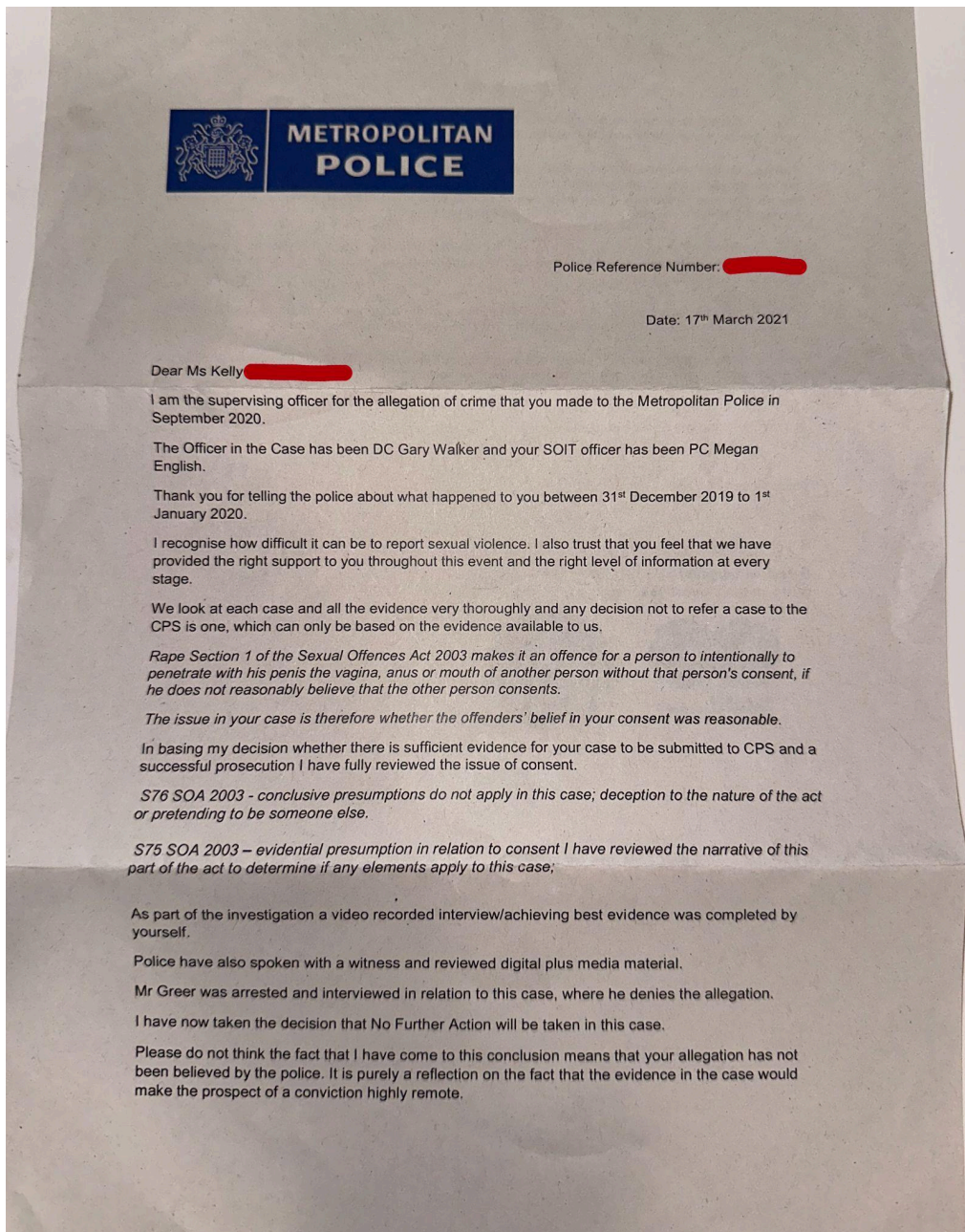
These are the dilators you use, which is the weirdest thing I have ever been prescribed lol

The Police report (investigation ended March 2021)

I decided to file a report to the police in September 2020. I'm not positive of the police proceedings, but I'm guessing because of the medical evidence from my condition described above, things proceeded more proactively than I expected. I didn't expect them to arrest him, as in previous instances I am aware of, they gave the accused an opportunity to give a voluntary statement. This time, what happened was more involved than I was expecting.

Even on the tiny chance they approved taking the case to court ([the prosecution rate is about 2% in the UK and in 2021 specifically got worse](#)) I don't think I would have decided to go through with it. A court case can be very long and draining, and sitting in court wouldn't have made me feel any better. Two family members of mine have been through this process and it aged them both a decade. The point of making a report is so there's a record (and I would encourage anyone to do so, even if you don't want to pursue anything further).

Below are some photos documenting my police procedures.



For the defence to secure an acquittal they only have to introduce an element of doubt and on this occasion there is opportunity for them to do so.

I appreciate that you may be very disappointed by my decision not to take the case further and if you are unclear about how I have reached this decision, I would like to offer you an opportunity to meet with me, to explain my rationale, if this would assist. If you do wish to meet in person could you please contact PC English who will arrange a convenient time and place.

If you disagree with my decision you are entitled to seek a review. Such a review is provided in accordance with the Victim's Right of Review (VRR) scheme. If you would like to avail yourself of this please contact PC English.

I thank you for the courage you have shown in telling us what happened to you and I would welcome any feedback on the service you have received from the Metropolitan Police Service.

If you need any further support or assistance at this difficult time, PC English will be able to provide you with details of organisations offering support and counselling to anyone who has been affected by a sexual offence.

This investigation will now be closed.

Yours sincerely,

Robert Matthews

Detective Sergeant
Safeguarding Investigations



The aftermath

Taken from Henry's statement:

In the past two years, I have lived under the threat of Kelly divulging details - whether true or not - of our relationship. As previously mentioned, I was not able to be the perfect partner during our time together, but I was not an abusive one.

As all of my screenshots have shown, there is no evidence of me threatening him - because it never happened. In fact, in one of the conversations documented above (April 2020), I questioned him about that accusation, and he wasn't able to answer my questions. What a weasely little liar dude.

Everything released in his statement also pales in comparison to the insane things he has told people about me which I have been hearing snippets of for the last three years.


I was aware that Kelly has suffered trauma related to incidents from a previous relationship as we were very open during our time together. Therefore, it is absolutely understandable that she may have experienced trauma in connection with the events of New Year's Eve.



I hope one day I will be able to find the words to explain how much irreparable damage has been done to me behind the scenes. I will never be the same again.

This shit *will* kill someone. Imagine if i didn't have the receipts.

The false accusations need to be punished, too.

 **Narwitz** @SophNar0747
Some people get their reputations irreparably tarnished because of false allegations. Likewise people lose job opportunities, get placed on unpaid leave, and more. All because of allegations made online. It's simply too easy to ruin someone's life without proof.

4:50 PM · Jun 26, 2020



So much has been said that it has taken me some time to remember exactly how the narrative was twisted. Not only has the public perception of what happened actually changed, he has also told different versions of the events to different people. In all this, I nearly forgot that he said I was the one who needed to be punished, what a banger.

To this day I would still like to know what I said was false and where his evidence is.

To be completely honest, I don't really care about the opinions of online talking heads desperate for clout with the mental processing power of Windows 98, as EMDR therapy has led me to a higher plane of zen. I care about what my friends think and that's about it.

I get that I am a contentious character whenever I appear on anyone's stream and clearly I value my personality over being likable (impossible), but I am still a human being, and the fact that all this continues to be brought up yearly makes me want to mash my head into a wall.

In the end, I wrote this document to give anyone who has the gall to question my account of the events a place to reference exactly what happened, in my experience. Now, I hope people can stop bringing up the gross, twisted narrative about me, because quite frankly *it's just really weird*.